



IST
College

IST
Vocational

YOUR CAREER STARTS FROM HERE

10+2 Management (National Education Board)

Approved by Ministry of Education





VISION

To be a centre for excellence in hospitality education in Nepal providing an enterprising and stimulating environment in which students can learn and develop their full potential.



MISSION

Produce the world class human resource to cater to the overwhelming need of the hospitality industries by offering various academic degrees by providing an educational environment that emphasizes critical thinking and decision making, reflection and creativity. Cultivate and nurture a learning environment that fosters an ethical, respectful, and culturally competent approach to customer service and with other hospitality partners. Respond to community needs through a variety of means, including collaboration with organizations and businesses. Develop practical, managerial and excellent communication skills by providing each individual student with the know how of a successful career in hospitality industry.



GOAL

To achieve its vision and mission by combining management theory with practical experiences in the field of tourism and hospitality ensuring an international teaching approach.



IST AT A GLANCE

4

Hospitality being one of the most productive sectors for employment generation in present context, International School of Tourism and Hotel Management (IST College) was established in the year 2004 with an aim to provide the internationally recognized hospitality education. Similarly IST Secondary School have been established to offer Plus two level education emphasizing as the foundation for hospitality education.

IST has been offering various courses from 10+2 Level to Bachelor's Degree in Hotel and Tourism Management. As per the government regulation IST Secondary School was established under the flagship of IST College in order to provide the excellent platform to the incoming students who aspire to pursue their career in hospitality industry. There is a maximum input of practical classes in all the operational subjects and also few months of internship to different hotels in or out of the country which is completely new concept in this field and level. The course is designed in such a way that it provides customized and fast track options to students with maximum flexibility and opportunity for progression either for further studies or for the career in Hospitality Industry. The successful graduate can pursue for Bachelor's Degree in Nepal or in countries likes Austria, Australia, New Zealand, UK & USA and many more.

IST Secondary School aims at developing practical, ethical and excellent communication skills of the students by providing each of them with the recognition of a successful career in the hospitality industry. At one hand the emphasis is on the academic know how and on the other hand the equal emphasis is on the personality development of the students. Though the curriculums of 10+2 Management is similar but the output for the students of IST is special due to the holistic education approach of providing the maximum practical classes and internship opportunity as it will support the students to understand the industry in better way.

So in IST students not only learn the specified subjects that are enlisted in the course structure but also they learn about the basics of life – life skills. Positive attitude, impeccable grooming, open mindedness is the vital component in today's competitive world and these qualities will have a long lasting effect on the young professional's mind and behavior. The fact that skills could be learnt at any juncture of life but having positive attitude is extremely essential is well developed among all IST graduates.

The infrastructure of this institution is as per the need of the courses where facilities like Spacious Classrooms, PMS Lab, Well-designed Demo Restaurant and Bar, Fully equipped Practical Kitchen, Training Reception, Practical Bar, Resourceful Library, Computer Lab with easy access to Internet, Mock-up rooms with Necessary Amenities, Multipurpose Hall, Conference Hall, Indoor Cafeteria and Transportation facilities are available.

The team IST is always committed to provide a conducive environment for the learners because it will nurture and develop young minds into capable and highly motivated human resources – which is the need of the industry. The faculties are always working towards creating an opportunity for the students to capitalize their full potential, bring the best out of them and to prepare them not only to face the challenges in life but also to excel in any sector. Hard work, perseverance, dedication and discipline are the mantras that are being instilled to the students in the regular manner.

IST not only provides the on campus educational facility but also provides an excellent platform for its students through well-crafted internship opportunity in five start deluxe properties in countries like Maldives, China, Dubai, Malaysia, India, Nepal and many more. This international internship provides the students with the overview of the world hospitality trend, the latest innovation and about tradition and culture of different nationality which facilitate them to adjust in any situation. With the focus

on academic knowledge, practical know how, disciplinary aspect of the students IST has been able to instill the "service orientation" in the students' mind which has become the positive feature of IST Graduates who are progressing and leading in many hospitalities related outlets like hotels, airlines, cruise, educational institutions, around the globe.

IST has already conducted its 12th Convocation Ceremony which had been graced by then Rt. Hon'ble Vice President, Rt. Hon'ble Prime Minister, Hon'ble Minister for Education, Chief of University Grants Commission and Vice Chancellors of Tribhuvan University, Kathmandu University and Salzburg University of Applied Sciences, Austria.

Apart from regular educational programs, IST has been deeply involved in Corporate Social Responsibility where IST has already organized training programs for Small and Medium Entrepreneurs of the tourism industry of Nepal. It also publishes a tourism educational journal "THE GAZE" which is the first of its kind in Nepal. Likewise, to make its students a responsible citizen IST has been organizing various events such as Blood Donation Program in collaboration with the Blood Bank, event for Orphan Children of Bal Mandir, event for Old Age Home (Nisahaya Sewa Sadan) are just to name a few every year.

Despite of this holistic approach to its quality education, the investment made by students is very affordable in comparison with national and international degrees available in the Nepalese scenario.





**International School of Tourism
and Hotel Management**



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FROM THE DESK OF CEO



Narendra Bajracharya
CEO

Dear Prospective Parents and Students,

Welcome to IST Secondary School, under the umbrella of International School of Tourism & Hotel Management (IST), one of the best schools in the field of Tourism & Hotel Management.

To be successful hotelier one must have a sound base & foundation so that one can understand the basics of the hospitality industry. On the base of solid foundation only, one can possess sound academic knowledge & practical experience in every aspect of running a hotel. IST Secondary School provides such dynamic foundation on the basis of which one can be competent enough to pursue this as a career path.

Hence if you are keen in becoming a part of this booming industry and are looking forward to opting this challenging career in the world of hospitality and tourism, IST Secondary School offers exactly the one you need to fulfill your career dreams – an excellent, high quality hospitality education that provides you with essential skills and practical experiences upon which you can build your career!

IST Secondary School offers an amazing educational package to provide internal degree in both economic mode and fast track. At the same time, you will have many options to get international degree from any of the stipulated Universities located in Austria, U.K. Switzerland, Thailand, Australia and USA.

Joining IST Secondary School also means creating a solid base for your education progression which will ensure your international career in hospitality industry, enjoying and exceptionally rewarding and friendly working environment. I would like to extend my best wishes to all those who wish to be a part of this exciting career.

Thank You.

FROM THE DESK OF DIRECTOR

Dear Prospective Parents and Students,

First of all I would like to extend my best wishes to all SEE appeared students for the colorful and outstanding result.

By the time we graduate from high school, most of us have spent more than 14500 hours in the class room. Along the way, we learnt several million facts ranging from literature to mathematics, history and geography. But, after high school, we need to focus on professional education that shapes our future career.

Hence, I would like to invite all prospective students to Join IST Higher Secondary School for your Plus Two education in the area of hospitality management. IST Secondary School offers the only hotel management degree after SEE in Nepal.

I strongly believe that parents are the primary educators of their children and the most significant variable affecting student achievement. Therefore, I would like to invite our prospective parents to visit our college and be assured on our facility and other strengths.

Once again, I thank you for your interest in IST.

Thank you.



Tej Bahadur Dhakal
Director

FROM THE DESK OF PRINCIPAL

Dear Prospective Students, Parents and Guardians,

It is my great pleasure to welcome you all to IST Secondary School which is under the banner of International School of Tourism and Hotel Management (IST College) which has become a trusted name in the hospitality education since 2004. At IST we believe in hands on education system with utmost focus on quality.

The Team IST is always focused on overall development of the students so that they have edge over others and can fit into any kind of challenging environment. The vision of the institution is to develop ethical, sound and competent human resources in the field of Hospitality Industry as this industry is the future of Nepal.

Besides the fulfillment of the prescribed course IST offers much more practical exposure to the students including the customized internship before they earn their 10+2 Degree. This arrangement will help you to earn an experience in the hotels and will make it possible for you to get an entry level position in the industry.

The Team IST would like to assure you that our culture is to support young students like you all and groom you into well disciplined professionals in your respective field. For this college management is completely committed towards providing a conducive learning environment which will cultivate young minds like yours to become highly motivated individuals.

Let's work together for your bright future!!



Samjhana Basnyat
Principal

MANAGEMENT TEAM

Faculties (Internal)



Sanindra Bajracharya
Manager
Academics & Marketing



Basu Dev Karki
Manager
Administration & Logistic



Anup Maharjan
Deputy Manager
Front Office



Sushant Tuladhar
Deputy Manager
F & B Operation



Nimesh Ulak
Deputy Manager
F & B Production



Saroj Pokhrel
Officer
Administration/Logistic



Smriti Dongol
Officer
F & B Service



Ashish Raut
Officer
F&B Production



Bipin Dangol
Jr. Officer
Academic & Placement



Ramesh Rimal
Jr. Officer
Academics

Non Faculties



Pooja Sapkota
Deputy Manager
Examination & Students Affair



Umesh Adhikari
Deputy Manager
Accounts



Madhab Raj Tripathi
Jr. Officer
Examination & Students Affair



Bishnu Devi Shrestha
Jr. Officer
Accounts



Navaraj Bhatta
Jr. Officer
Administration & Logistic



Anita Pudasaini Acharya
Jr. Officer
Examination & Students Affair



Shova Shrestha
Sr. Assistant
Administration (Librarian)



Sadikshya Neupane
Sr. Executive
Front Desk



Sunita Basnet
Jr. Executive
Front Desk



Surendra Maharjan
Jr. Assistant
Logistic & Accounts



Anil Pandey
Jr. Assistant
Examination & Logistic

+2 Faculties (External)



Vikash Poudel
Marketing



Munu Pokhrel
English



Narayan Ghimire
Accounts



Ramhari Rupakheti
Accounts



Anand Pant
Economics



Jaya Ojha
Nepali



Hemanta Dhoj Bhandari
Hotel Management



Biva Maharjan
Pastry & Bakery Instructor



Himal Subedi
Barista Instructor

PROGRAMS OFFERED

10+2 (Management)

10

Program Overview

This course is a customized course for those students who are aspiring to have a career in hospitality industry. It provides a foundation and clear picture about the industry, its functioning, different departments and overall observation of hospitality sector. With the maximum number of practical and the related theory classes the students can already carve their way to be hospitality professionals.

The student will get double benefit by joining the course as they will get +2 in Management with specialization in Hotel or Tourism Management and also a certificate from Tourismsschulen Salzburg, Austria (TSS) giving them added advantage.

The aim of 10+2 Management program is to provide a firm knowledge and understanding of the contemporary hospitality and tourism industries. Students enrolled in this program earn 10+2 (Management). The program is also designed to prepare its graduates to assume entry-level positions in hotels, restaurants, travel agencies and other hospitality outlets.

The specific objectives of the program are:

1. To enhance students' critical thinking and to develop their basic analytical, problem-solving and decision making skills.
2. To offer a comprehensive study of the departments and functions of hospitality outlets including instruction of basic operating principles and concepts.
3. To provide students with a broad understanding of the fundamental principles and theories of the basic areas of business relating to the fundamentals of management within the hospitality industry.
4. To provide the skills necessary for entry level positions in all types in the travel, tourism and hotel management fields.
5. To provide a solid academic, technical and intellectual background that will enable students to pursue higher studies in Hotel / Tourism Management or other related fields.

Curriculum (+2 Management)

The duration of the program will be of Two Year Full Time. This program recognizes the knowledge and skills required for the entry level position in the Tourism and Hospitality outlets. The program course structure includes four main components: Basic Course, Core Course, Guest Lecture Series and on the Job Training.

1. The Basic Course focuses on prescribed course of + 2 Management.
2. The Core Course focuses on the functional areas of hotel management. In hotel management, it includes courses on Food Production, Food and Beverage Services Operation, Front Office Management, House Keeping Management, Barista and Bakery.
3. The Guest Lecture Series focuses on the sharing of ideas and experience with leading working professionals from different walks of life. The objective of this component is to enhance the executive skills and full potentials of the participants and provide an exposure and pathway to successful career.

The On the Job Training focuses on practical training for which students will be attached to some hotels, restaurants and hospitality outlets to acquire actual work experience in Nepal or in abroad.



The Plus Two Hotel Management and Tourism Management Program

Grade XI

Hotel Management

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory English (002)	150
2.	Compulsory Nepali (003)	150
3.	Principles of Accounting (124)	150
4.	Economics (126)	150
5.	Hotel Management (170)	150

Tourism Management

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory English (002)	150
2.	Compulsory Nepali (003)	150
3.	Principles of Accounting (124)	150
4.	Travel and Tourism (174)	150
5.	Hotel Management (170)	150

Grade XII

Hotel Management

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory English (004)	150
2.	Principle of Accounting (224)	150
3.	Economics (226)	150
4.	Hotel Management (270)	150
5.	Marketing (910)	150

Tourism Management

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory English (004)	150
2.	Principle of Accounting (224)	150
3.	Travel and Tourism (274)	150
4.	Hotel Management (170)	150
5.	Marketing (910)	150

INTERNSHIP PROGRAM

IST has been sending its +2 Level students for internship to 3 and 4 star hotels within Kathmandu Valley after the completion of year 2. The internship period is for 3 to 6 months whereby students get a chance to train in Food and Beverage Service, Food and Beverage Kitchen, Housekeeping and Front Office Department.

IST has been focusing in sending its students for an internship program in the +2 level itself so that students get a first-hand exposure to hotel operations and they are more prepared and have a competitive edge when they enter into their Bachelor's Degree while studying Hotel Management.

During their internship program the students are provided with an excellent opportunity to interact with guests while working in various operational departments. Under the supervision of industry professionals, the students undergo their internship program. Therefore, IST is not only excelling students academically but also helping them to shape their future from the intermediate level itself.

KEY FEATURES

- Recognition
- Dynamic Degree
- Credit Transfer to stipulated Universities
- Regular Visiting Faculties
- Frequent Flying Faculties
- Bank Financing for Deserving Students
- Internship in Nepal or in Abroad

TEACHING LEARNING METHODOLOGY

Instructional methods include lectures, demonstrations, labs, one on one tutorial and experiential learning component. Except for field trips, all instruction is conducted in a classroom or in a lab setting. Students will also be given an opportunity to do presentations to develop their personal, social, technical, analytical and managerial skills.

Problem-Based Learning (PBL) is also used as an application strategy to encourage the students to participate actively in the learning process. It is an instructional method that challenges students to "learn to learn," working cooperatively in groups in order to seek solutions to real world problems. These problems are used to engage students' curiosity and to initiate in learning the subject matter. PBL prepares students to think critically and analytically to find solutions and to use the appropriate learning resources.





Purani
Reliable professional

ISHA
FHSST



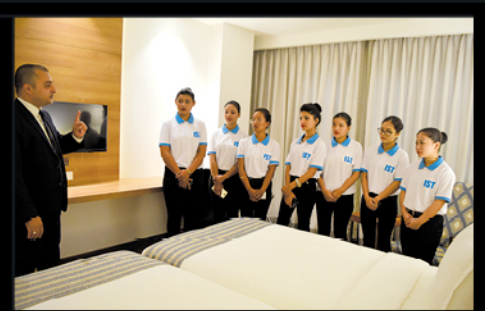
FACILITIES

- Spacious Classrooms
- PMS Lab
- Well-designed Demo Restaurant & Bar
- Fully equipped Practical Kitchen
- Bakery
- Barista
- Training Reception
- Practical Bar
- Resourceful Library
- Computer Lab with easy access to Internet
- Mock-up rooms with Necessary Amenities
- Multipurpose Hall
- Conference Hall
- Locker Facilities
- Indoor and Outdoor Games
- Cafeteria
- Transportation Facilities





STUDENTS LEARNING IN DIFFERENT SETTING





STEP BY STEP ADMISSION PROCESS (+2 MANAGEMENT)

Eligibility Criteria for +2 Management

- Students who have successfully completed a Secondary Education Examination(SEE), 'O' Level or equivalent are eligible to enroll into this program.
- A copy of Curriculum Vitae/Resume including special interests and activities
- A Copy of Citizenship
- 3 recent Passport size photos

STEP 1

COLLEGE VISIT

- Our dedicated team is always ready to offer a counseling to provide in-depth information. We will provide overall information about the course structure, course perspective, fee structure, property visit, internship facility, opportunity after the completion of the course and other facilities.
- Application form to be collected from the college reception.

STEP 2

FORM SUBMISSION

After the counseling if the student wants to pursue the course the following is required:

- Completed and signed enrollment application form

- A Copy of SEE Mark sheet
- A Copy of School Leaving/Transfer Certificate
- A Copy of Character Certificate – SEE
- One Motivational Essay regarding your choice to study at IST.

STEP 3

ENTRANCE EXAMINATION

- There will be a written examination of 1.5 hours.
- There will be a psychometric test to check the competency level of the candidate.

STEP 4

PERSONAL INTERVIEW

- Candidate who passes the written examination will have to go through one on one Personal Interview.

STEP 5

SELECTION FOR ADMISSION

- Selected student will be issued with an Enrollment Slip.
- During the admission time student will also be given Commitment Letter regarding the Code and Conduct of IST which needs to signed and returned during admission.
- Student will get admitted once the required fee is cleared.
- Orientation and class commencement date will be announced accordingly.



OTHER PROGRAMS OFFERED UNDER IST GROUP OF INSTITUTION

- BACHELOR IN HOTEL MANAGEMENT/ TOURISM MANAGEMENT (FHS DIPLOMA)
- IST VOCATIONAL - SHORT TERM COURSES

Bachelor in Hotel Management/Tourism Management (FHS Diploma)

Bachelor in Hotel Management/Tourism Management (FHS Diploma) course is highly crafted course with the careful selection of modules for the future managers of hospitality industry. The division of Basic Course and Core course provides a view to the students about the academic and the practical nature of this course. The students can not only gain competency in different management stream but also they are able to identify, judge and make an apt decision according to the need of the day.

Upon completion of graduation, the students will be able to:

1. Acquire basic technical, managerial, and social skills required of a professional in handling hotel, customers and hospitality operations
2. Apply cost control measures for greater economy and success of business operation
3. Set standards for offer of quality services to customers
4. Develop positive attitudes towards the trade with greater initiative and self confidence in handling the operations, and
5. Hold supervisor and/or manager positions in the hotel, restaurant and other hospitality industries with adequate knowledge and skills of management functions.

Eligibility

Students who successfully complete a High School Diploma, PCL, 'A' Level or equivalent are eligible to enroll into this program.

Admission Criteria

Students have to undergo a three step process to fulfill the admission criteria:

- 1) Firstly selected students have to sit for a written examination and psychometric test.
- 2) Second they have to participate in a group discussion where a topic will be given by the invigilator.
- 3) Lastly the selected students will have to go through a one on one personal interview.

Curriculum

The duration of FHS Diploma Program (BHM)/ (BTM) will be of Three Years Full Time. This includes two years of full time study and one-year internship. This program requires the students to cover 120 Credit Hours (180 ECTS Points) including On the Job Training and Internship.

This program recognizes the knowledge and skills required for various jobs in the tourism and hospitality outlets. The program course structure includes five main components: Basic Course, Core Course, Guest Lecture series, On the Job Training and Internship.

1. The Basic Course focuses on fundamental areas of management. It includes courses on Introduction to Tourism, English, Computer Fundamentals and IT Application, Financial Accounting, Principles of Communication, Micro Economics, Macro Economics, Business Statistics, German Elementary, Managerial Accounting, Business Communication, Principles of Management, Human Resource Management, International Relations and Business, Financial Management, Leadership and Organizational Behavior, Research Methods, Ecology & Microbiology, and Sociology & Psychology.

2. The Core Course focuses on the functional areas of hotel operations and management. It includes courses on House Keeping Operations and Management, Front Office Operations, Food Service Management, Food Knowledge, Beverage Knowledge, Food Production Management, Principles of Cooking and Practical Cooking, Catering Science, Property Maintenance System, Property Management System - Fidelio, Hotel Accounting, Food and Beverage Service Practical, Yield Management, Hospitality Sales and Marketing, Banquet Operations and Management, Food and Beverage Cost Control, Hotel Law and Security, Convention and Exhibition Organization, and Showmanship.
3. The Guest Lecture Series focuses on the sharing of ideas and experience with leading working professionals from different walks of life. The objective of this component is to enhance the executive skills and full potentials of the participants and provide an exposure and pathway to success.
4. The On the Job Training focuses on practical training for which students will be attached to some hotel, restaurants and hospitality outlets to acquire actual work experience.
5. The objective of the Internship or Industrial Exposure is also to bridge the gap between theoretical learning and the real life work experiences. The internship has been scheduled for 5th and 6th semester. Students will be required to write an Internship Report and a thesis on a certain topic assigned by school. Course Duration and Credit Requirements. The duration of FHS Diploma Program (BHM) will be of Three Years Full Time. This includes two years of full time study and one-year internship. This program requires the students to cover 120 Credit Hours (180 ECTS Points) including On the Job Training and Internship.

FHS DIPLOMA IN TOURISM MANAGEMENT (BTM)

Program Overview

The FHS Diploma in Tourism Management program has been developed for students who aspire to management positions in tourism organizations in both the private and public sectors. It is a multidisciplinary program that explores Tourism from a social, economic and environmental perspective. The program provides graduates from a range of disciplines with the skills needed for the sustainable management of tourism products, resources, and infrastructure.

The FHS Diploma in Tourism Management program is spread over six semesters. The curriculum of the program has been designed with the objective of developing analytical and conceptual skills among the students. The whole curriculum focuses on infusing problem solving abilities in the students. A strong industry focus allows students to critically evaluate tourism from diverse perspectives and immediately apply theoretical knowledge to practical situations. Graduates from tourism management courses can enter a wide range of sectors within the tourism industry and these include national tourist office, travel agencies, trekking agencies, airlines, school and colleges.

Upon completion of graduation, the students will be able to:

1. Acquire adequate knowledge of the principles and practices so as to succeed as a manager in the tourism industries.
2. Obtain basic technical and managerial and social skills and product knowledge necessary for a career in the tourism operations.
3. Gain the managerial skills and knowledge necessary to succeed in this dynamic and challenging field of tourism.
4. Apply an interdisciplinary approach to problem-solving and decision making; the personal competence necessary for careers at managerial level.
5. Hold managerial positions in tourism industries with adequate knowledge and skills of management functions.
6. Develop leadership abilities and qualities possessed by the most successful global tourism industry leaders.
7. Gain knowledge and ability necessary to be an entrepreneur in the tourism industry.

Course Structure

This program recognizes the knowledge and skills required for various jobs in the tourism outlets. The program course structure includes five main components - (a) Basic Course (b) Core Course (c) Guest Lecture series (d) Management Workshop/Seminar (e) Thesis

1. The Basic Course focuses on the managerial component of tourism management
2. The Core Course focuses on the functional areas of tourism management.
3. The Guest Lecture Series focuses on the sharing of ideas and experience with leading working professionals from different walks of life.
4. The objective of Management Workshop/Seminar is to enhance the executive skills and develop full potentials of the students and provide an exposure and pathway to success.
5. The objective of the Thesis is to develop the capability of the students to demonstrate the knowledge and skills by reviewing literature, employing appropriate methods to collect data, reporting their findings and defending their research.



SKILL ENHANCEMENT TRAINING AT IST VOCATIONAL

Training Program	Hrs.		Hrs.
1. Commercial Cooking / Baking	792	8. Fast Food Cook	390
2. Chinese Cook	390	9. General Cook (Commis II)	390
3. Assistant Cook	211	10. Waiter / Waitress	390
4. Indian Cook	390	11. Room Attendant	390
5. Continental Cook	390	12. House Keeping Cleaner	390
6. General Cook	390	13. Barista (Coffee making)	
7. Baker	390	14. Combo Bartending & Flairing	



EXTRA CURRICULAR ACTIVITIES

Our learning is not only restricted to classroom. It is very important to have additional practical learning exposure outside the classroom as well. Therefore, many field visits and outside the class learning events are incorporated during the 2 years of academic study at IST. +2 Level students will get a chance to participate in Hotel Visits, Fundraising Event, Blood Donation Program, Welcome Event, Orientation Program and Educational Tour.





CLASS PHOTOGRAPHS WITH CLASS TEACHERS

Class
12 - A



Class
12 - B



Class
12 - C



Class
11 - A



Class
11 - B



Class
11 - C



STUDENTS SPEAK

Personality development in IST



Our personality is the true reflection of our inner being. As a student, it is essential to develop an outgoing and impressive personality that will enhance the quality of learning and educating oneself. There are lessons on 'personality development' almost everywhere and that proves how important it is to inculcate this trait in our lives.

Two years of studies in IST has taught me a lot, not just educationally but also practically and I am grateful to this institute for everything. IST has been the best choice and best decision that I have ever made in my life. Our school not only provides us education but also some helpful excellent skills that we need in our journey. Bringing different ideas for our development, proper planning for best performances and providing us the best education besides all this IST has always taught to be strong and confident. Speaking in mass was like climbing Mt. Everest for every student but encouraging us to develop our confidence and removing our discomfort, IST has a big hand on it.

With the great learning environment and best rules and regulations, IST is also well known for the grooming (physical appearance). Grooming brings the best in us, makes you look confident and smart. IST also grooms us with discipline and teaches us to be a patient listener which will help us to gain more. Teachers in our school are always supportive and are ready to solve our problems and make us believe in ourselves. IST has inspired me for believing in myself and showing out my inner skill, talent and making me realize about my spark that I had within me, also made me dream bigger for the great success.

I was really searching for such college for my course and I got what I wanted from this college and I am really happy to be the part of this family. Teacher having a great enthusiastic attitude over students without any discrimination, all the students are treated in the same way, even in this crowd of students teachers really take a good care of each students. This was the best college that I ever had to choose for my career. Two years in IST was the best experience and I got to learn many new things. Over all I can see myself turning into a beautiful butterfly from a caterpillar, from a shy person to a very confident lady with all the positive attitudes and I would like to give all the credit to IST college for developing my personality throughout the year.

Anisha Basnet

10+2 (Management)

2017 Intake

Importance of Internship



An internship is an opportunity offered by an employer to potential employees, called interns, to work at a firm for a fixed period of time. Interns are usually undergraduates or students. Most internships last between a month and three months. Internships are usually part-time if offered during a university semester and full-time if offered during the vacation periods.

Internships are important because they provide insight into real-world employment settings which can help to define career goals. They also enable students and young professionals to develop soft-skills which are essential for employability. For example; good communication skills, professional work ethics, initiative, and cultural intelligence.

Internship makes students more competitive in the job market. In addition to gaining exposure and experience in the different department of the hotel, they also provide an opportunity to see if the particular department in a hotel is the right one based on getting personal experience.

Our college, IST provides internship programs to their students for 3 to 6 months. The internship then helps the students to develop their skills, talents and so on. It also prepares them for what to expect in their field and increases confidence in their work. Students can learn a lot about their strengths and weaknesses during an internship. Therefore it can develop and refine skills.

The most important element of internships is that they integrate classroom knowledge and theory with practical application and skills developed in professional or community settings. They also bring a wealth of benefits to students, both while completing a degree and when seeking a career path after graduation. Internships can provide students with the soft skills needed in the workplace and in leadership positions too.

The internship that one undergoes after completing two years of intermediate studies here at IST School is a foundation for a bachelor's degree in hospitality management. Students are sent to the leading 4 stars and upper scale 3 star hotels where they have to train in the core operational departments of the hotel.

Ishan Upreti

10+2 (Management)

2018 Intake

Life changing opportunity



Life changing opportunity is strong effect to modify someone's life. I am blessed with the option to choose IST.

After being a part of IST family it has enhanced my knowledge about grooming one should perpetuate in the field of hospitality. It taught me how to represent one as being optimistic in front of others, also supports to clarify the chaos comprehension with its peaceful environment. IST is not only bounded with the theoretical classes but also practical classes which help to enhance the skill of students , with the facility of dual degrees of Austria and Nepal, both of them work as an important part during job.

I'm thankful to all the teachers who encouraged and inspired students being enthusiastic while doing pedagogical assignments. After the hospitality lecture classes with the help of IST every students become more focuses towards their targeted aims with full enthusiasm.

Overall activities likewise environment of IST focusing delightful career subjective courses for the success of all the students are its assets. I am proud to call myself as ISTian as there is vast change arrived within me.

Tshering Sherpa

10+2 (Management)

2018 Intake

Intermediate Studies - A foundation for Bachelor Studies



I am very glad to study in Hotel Management in IST School. It is an opportunity for me to be a part of IST School. I have learnt many things about hospitality industry. This college created a golden way for upcoming bachelor studies. There is proverb in Nepali, "GharBaliyohunalaai jag Baliyohunupraxe". It means that, the degree of bachelor becomes strong if the intermediate study is strong. Therefore intermediate studies are a foundation of bachelor studies.

IST College is an educational Institution which provides us quality education since 12 years. The teaching and learning environment of this college is better than other colleges. It gives equal priority to theory and practical knowledge. In Intermediate level studies, this college provides better facilities to the students than other colleges.

We gained different social, interpersonal knowledge from this college, which helps to make our career. This college provide the internship facility to us, which helps to enhance the experience about hospitality and helpful in bachelor studies. IST colleges motivate us to make our professional career. We have learnt many basic things in intermediate studies which are related to service industry.

Prashant Kumar Chand

10+2 (Management)

2017 Intake



WHY YOU SHOULD CHOOSE IST?

1

Well Crafted Internship

Understanding the fact that internship being the integral part of the hospitality education, IST not only provides the on campus educational facility but also provides an excellent platform for its students through well crafted internship opportunity in five star deluxe properties in countries like China, Dubai, Malaysia, India, Nepal and many more. This exposure provides the students with the overview of the world hospitality trend, the latest innovation and about tradition and culture of different nationality which facilitate them to adjust in any situation.

2

Personality Development

In IST students not only learn the specified subjects that are enlisted in the course structure but also they learn about the basics of life – life skills. Positive attitude, impeccable grooming, open mindedness are the vital component in today's competitive world and these qualities will have a long lasting effect on the young professional's mind and behavior. The fact that skills could be learnt at any juncture of life but having positive attitude is extremely essential and this is well developed among all IST graduates. Doing job in the best possible manner is well inculcated in ISTians mind throughout the college time and they display the outstanding behavior in their job. That is why ISTians are sought after in the industry.

3

Socially Responsible Citizens

At IST students are encouraged not only to get committed in the academics but also to support the less fortunate citizens of the locality. In this effort the students themselves organize events such as a Blood Donation Drive, Program in Balmandir (orphanage) and in Old Age Home. By organizing such events the students learn the hardship of people and how one can be contented by helping others.

4

Highly Professional Team

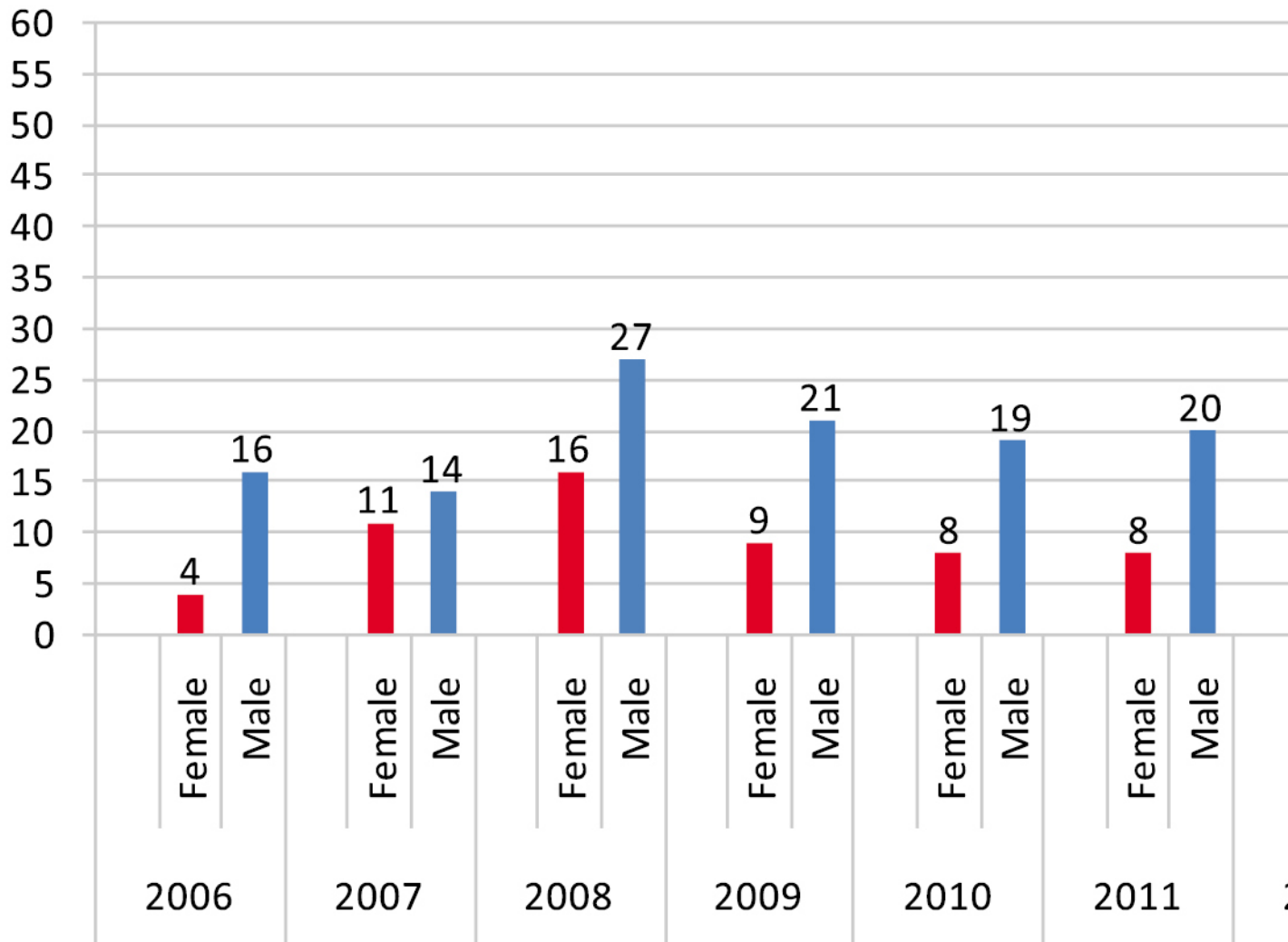
At IST we have a true group of professionals with us. The young and dynamic group is always seeking to bring out the best from the students. Their untiring commitment in adhering to the standards of IST is so motivating. They do not seek any praise for their work but their skill and dedication is enormous. They spend many extra hours over and above their duty timing just to make sure to provide extra help to each student.



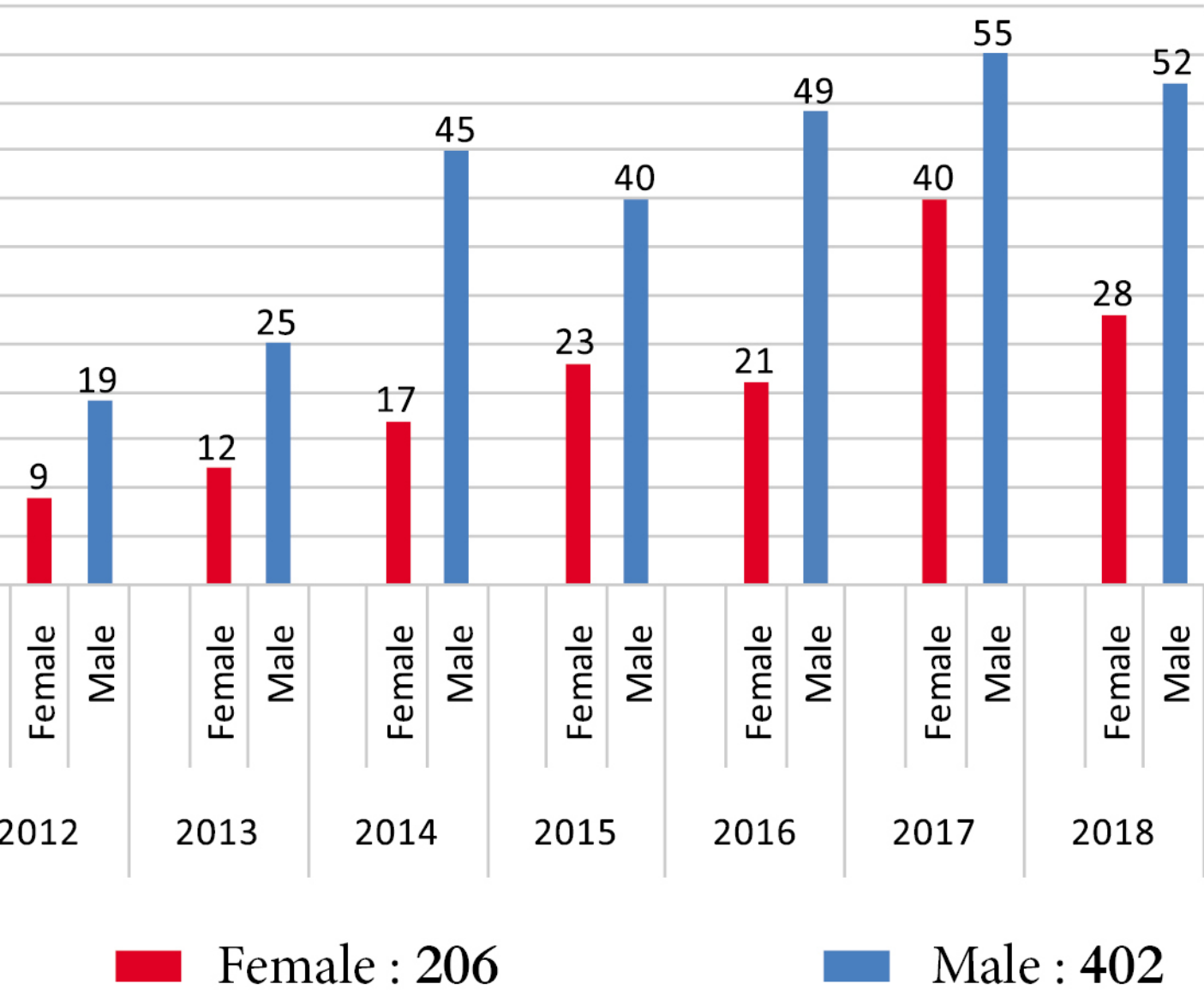


ADMISSION STATUS 2006 - 2018

+2 Level Hotel Management



Total admitted Students 2006 - 2018 : 608



IST GRADUATES

Hrit Gurung

Course & Year Graduated: IDHM 2016
FHSDDHM 2018 (Ongoing)



Current Company: Hotel Mulberry Pvt. Ltd. (Internship)
Location: Jyatha, Thamel
Position: Front Office Associate

About the Position: My responsibilities included performing check-in, assigning rooms, helping guests complete registration cards, handling reservations and collaborating with hotel staff. Hence I was responsible for representing the organization in efficient manner. There were supervisors and friendly staff environment which help me to adapt the working environment really fast. Front office department being a really crucial department and I always had to be cautious about my decisions as well as maintain courtesies.

Most notable success: Working in such hotel and its environment had given me an opportunity to experience the actual field and gain a lot of knowledge which was beyond my expectation and had given me a clear vision about the industry. I was even given an opportunity to continue working in the hotel even after my 3 months internship program.

Career path to date: After having an interest in hospitality industry from the very beginning, led me to this career path. My decision of working in this path and studying IDHM in IST College has been as great influence in my career. Internship opportunity provided by IST has made me gain practical experience and establish my career path. Currently I'm studying BHM in IST College hoping to become a hospitality professional.

Plan for Future: Future is never known but it can be changed by hard work and determination. Hence I plan to work hard with dedications, look forward to the up comings and tackle all the situation and see myself as a successful hotelier.

About IST: IST is a great College for those who are interested and determined in Hospitality industry. IST College is not only a College which teaches students about Hospitality but offers much more than that. Compared to all the other colleges for +2 level it's the best in my opinion because of the rich curriculum, both practical and theoretical trainings, and the industrial exposure from internship. This makes the students become more clear about their subjects and have a clearer idea about the industry. IST not only focuses on curriculum but to other major factors in the industry. Grooming, Punctuality, Discipline which are really crucial in the industry becomes a habit after maintaining it daily which make people learn and develop the personality of the students.

Students who studied in IST make difference and stand out a lot in the Industry because IST prepares the students to be ready to excel in the diverse world of hospitality. I am grateful to all the opportunities and wonderful learning experience that IST has given me. IST has made me learn to enjoy everyday action while working in the industry. IST changes people in a positive manner and I think there is no better college than IST for young individuals who want to pursue their career in Hospitality.

Reshma Shrestha

Course & Year Graduated: IDHM 2007
FHSDDHM 2009



Current Company: Plan International Nepal
Location: Karnali Field Office, Jumla
Position: Sponsorship Communication Administrator

About the Position: Responsible for quality by tracking in Child Data System, Assist and support supervisor to prepare monthly, quarterly reports, generate production report and maintain up to date record of scanned SCI and SCU.

Career path to date: My career began with Internship in Howard Johnson Resort Sanya Bay China for 1 year where I got to train in Front Office, Housekeeping and Food and Beverage Service. After Graduation I worked in Hotel Kitchen Hut Nepalgunj for some time. Then my working journey diversifies in many organization like in Action Work Nepal for 3 month as a volunteer base Program Coordinator, then 1 year in International School of Tourism and Hotel Management as a Front Desk Executive, then CG Nepal Social Business as a Senior Executive for 3 years and now I currently am working in Plan International Nepal as a Sponsorship Communication Administrator.

Year Ahead: I have already completed my Master in Rural Development and I will be working with the same organization and will be aiming to climb into the next level of a Coordinator. I have that confidence to lead my position towards success.

Plan for Future: Would like to work towards becoming a Manager to gain more experience and will plan to open small café as a side business where I can use my hospitality knowledge and Skills.

About IST: Spent 6 years in IST. 2 years in Intermediate Diploma, 3 years in Bachelors Degree and 1 year worked as an IST Team. Because of my Qualification today I am here. IST made me more capable, confident, qualified to achieve success in my career path. All thanks to IST College and Team Members of IST for fully preparing me and getting me ready to accept challenge in this fantastic world.

Sangam Regmi

Course & Year Graduated: IDHM 2009
FHSDDHM 2011



Current Company: Sydney Harbour Marriott Hotel,
Circular Quay, Sydney &
Rydges Sydney International Airport Hotel,
Australia

Location: NSW Australia

Position: Receiving Officer in Sydney Harbour Marriott Hotel And F&B Attendant in Rydges Sydney International Airport Hotel.

About the Position: Currently I am working as Receiving Officer in Sydney Harbour Marriott Hotel and F&B Attendant in Rydge Sydney International Airport Hotel. My role as receiving officer is to ensure product quality, quantity, pricing matches with purchase order. As F&B Attendant I need to perform basic responsibility such as taking order, serving food and beverage. Beside this I am also responsible for maintaining beverage and wine stock as well as maintaining perpetual and monthly inventory.

Most notable success: It is so hard in Australia to find the job you desire for and I am proud that I succeeded in settling myself in Sydney within 1 week of time upon arrival and this is all because of the skill, education &, training I received from IST. I am also a Certified person with WSET Level 1 & 2.

Career path to date: I started my career from Hotel Mountain, Kantipath where I completed my 3 months internship on 2011. I worked in KTM Koushi Restaurant from 2011 to 2012. I also got an opportunity to be part of one of the most luxury brand hotel The Ritz Carlton, Sanya and completed 1 year internship (2013-2014) in different departments within F&B. After that I worked almost about three years in The Ritz Carlton Macau as a pre-opening team member where I worked in F&B department as well as in beverage store. Currently I am working in NSW Australia in 2 different companies as the role of Receiving Officer in Sydney Harbour Marriott Hotel Circular Quay and as F&B Attendant in Rydge Hotel, International Airport NSW.

Plan for Future: Being part of Marriott International family always make me feel proud, so I will be continuing working with Marriott International seeking further promotion and growth. My eventual career goal is to get supervisor position and in upcoming future I will definitely love to be back to my country and implement all the knowledge and experience I gained over here.

About IST: I always feel proud on representing myself as one of IST student. IST is always best and succeeding in creating friendly environment, quality education, practical and skilled enhancement classes and sending students to luxurious brand hotel for the internship. Hospitality Career Start With IST.

Suziena Khadgi

Course & Year Graduated: IDHM 2014
FHSDHM 2016 (Ongoing)



Current Company: Ritz Carlton (Internship)

Location: Sanya, China

Position: Hospitality Trainee

About the Position: Responsible to work in close association with different departments in a hotel and assist the colleagues in their daily routine operations, understand the overall operations of the hotel and acquire a good working knowledge of the hospitality sector with special attention to dealing with customers.

Most notable success: Being recognised for one's work and appreciated by the Chairperson of the property you work for, in front of the Dean is I believe the success in itself for a student who've just finished her internship.

Career path to date: Right after my Intermediate Diploma, I joined Club Himalaya as a Sales and Marketing Intern which was my first industrial exposure. After the completion of 3 months long internship, I worked as a Front Office Intern for 9 months for Hotel Ambassador by Ace Hotels, Lazimpat. A year later, I joined Taj Coral Reef Resorts and Spa, Maldives as an Intern. I was placed in different departments like Front Office, Housekeeping, Food and Beverage, Laundry and Human Resource to understand the overall operations and develop Interpersonal Skills, Communication Skills, learnt to deal with all types of customers and work under pressure and also as a team.

Year Ahead: Until the end of February I will be associated with Ritz Carlton, Sanya. Post that, I plan to pursue MBA.

Plan for Future: I see myself flying for Emirates as one of its Cabin Crew member. And in a long run, I would want to introduce myself as an entrepreneur.

About IST: Ist has been a stepping stone to better things in life. It has given me numerous opportunities which helped me gain valuable insights into hospitality industry over the past 4 years. With the immense support and patient understanding of our mentors, I have been able to come out of the shell and respond better towards different aspects in life professionally as well as personally.

Umesh Adhikari

Course & Year Graduated: IDHM 2009
FHSDHM 2011



Current Company: International Guest House

Location: Sambhu Marga, Tilganga, Airport, Kathmandu

Position: Managing Director

About the Position: Oversee the operations functions of the hotel, as per the organizational chart, hold regular briefings and meetings with all supervisors and staff, ensure full compliance to hotel operating controls, ensure procedures and service standards are met, overseeing and managing all departments and working closely with department heads on a daily basis, handling complaints, and oversee the service recovery procedures.

Most notable success: Opening my own guest house which is located near the airport and being able to successfully manage the entire operations.

Career path to date: When I was in IDHM level I got a chance to work at the Landmark Hotel in Durbar Marg where I got to train in the Front Office and Food and Beverage Service department. Upon completing academics semesters while studying HDHM (BHM) I got a chance to go to Langkawi in Malaysia and work for the Danna Langkawi a premium 5 star resort. It was at the Danna Langkawi I got a chance to enhance my existing knowledge in Front Office where I got a chance to know about guest registration, night audit, check in and check out process of guests, various mode of payments. I also got an opportunity to work in Food and Beverage Service where I was exposed to both international and local cuisine food and drinks.

Year Ahead: I will continuously look at areas to improve my family guest house in terms of adding more amenities and facilities to create a better guest experience.

Plan for Future: I want expand my family hotel business in different parts of the Kathmandu Valley therefore I have already been looking at potential hubs to open more hotels.

About IST: I am glad that I have chosen IST College to pursue my career in the field of hotel management. IST is great platform for hospitality studies as there is both theory and practical learning approach. The Faculty members are experienced and cooperative. When I joined this college I was so nervous, thoughts used to come to my mind what to learn, how to learn but when days went by I became accustomed to the environment of the college. The best part of the college is discipline and punctuality which they really emphasize on.

Youbraj Chhatri

Course & Year Graduated: IDHM 2015
FHSDHM 2017 (Ongoing)



Current Company: Gorkarna Forest Resort (Internship)

Location: Kathmandu, Nepal

Position: Food and Beverage Attendant

About the Position: I am working in a food and beverage department as a trainee in the Gorkarna forest resort. I got a chance to work rotating in all restaurant, bars and Banquet department of Gorkarna Forest Resort which provided me an experience as well as ideas how to run each of it and at the same time added some more skills into my professional life in terms of restaurant management and operation wise. As being mentored by each of the outlets managers in F&B department as well as being directed by the Director of F&B and the Executive Chef here for 3 months times, it has turn out that it brings me to different level from where I am before.

Most notable success: The hotel (Gorkarna Forest Resort) offered me to work as a permanent staff in Food and Beverage Department as my work was satisfactory. Managers as well as guest used to give good comments about my service. As I learnt all about the hospitality in IST college it way easy for me to create good image in my work place.

Career path to date: One of the benefits related to acquiring a hospitality management degree is that students have a very direct and clear career path. Rather than wrestling through job applications with an unclear career decision in mind, students who study hospitality management have one goal in mind: to manage a company in the hospitality sector.

Year Ahead: I would like to increase my level of knowledge, experience and hold a good position in hospitality as I don't want to settle myself right away as just being a lower level employee.

Plan for Future: After graduation I would like to continue my education as well as I would like to work in hospitality field. To collect the experience by providing quality service to the guest and looking my self-working in a higher position in the reputed hotel.

About IST: While talking about IST College here we study the combine course of practical as well as theoretical knowledge which is most for upcoming days while working in the hospitality field. Apart from the book I got to learn about discipline, punctuality and grooming which is the most significant things for hospitality student. Hotel field visit for the projects, data collection for the reports writing, casual work and volunteer work has built a special kind of confidence inside me.

CONVOCATION CEREMONY

With an objective to recognize the endeavor of its students International School of Tourism and Hotel Management (IST) has already conducted its 12th Convocation Ceremony. The Convocation Ceremony has been one of its kinds in Nepal as it was organized by Foreign University in Nepal.

The program was graced by whos who of the Education and Tourism sector including VP. Nanda Bdr. Pun then Rt. Hon'ble Prime Minister Mr. Madhav Kumar Nepal, then Hon'ble Minister of Education and Sports Mr. Pradeep Nepal, Mr. Dina Nath Sharma, Mrs. Chitra Lekha Yadav

then Tourism Minister Mr. Ram Kumar Shrestha, the Chairman of University Grant Commission of Nepal, Prof. Dr. Kamal Krishna Joshi, Vice Chancellor of Tribhuvan University of Nepal, Dr. Madhav Prasad Sharma, Vice Chancellor of Kathmandu University, Dr. Suresh Raj Sharma, then Dean, Faculty of Humanities and Social Sciences, Tribhuvan University, Prof. Dr. Ramesh Raj Kunwar, Deans of Kathmandu University, School of Management, Prof. Subash K.C., Prof. Bijay K.C., Rector of Tribhuvan University, Prof. Dr. Surya Lal Amatya.

Likewise, Vice Chancellors of Salzburg University of Applied Sciences, Mag. Raimund Ribitsch and Dr. Doris Walter, Rectors Prof. Dr. Kerstin Fink, Prof. Dr. Gerhard Blechinger, Dean the Salzburg University of Applied Sciences Ms. Eva Brucker, Vice Rector of Salzburg University of Applied Sciences Mag. Hurtwig Reiter, Chief Executive Officer of IST Mr. Narendra Bajracharya, high officials from Ministry of Education and Sports prominent hoteliers, journalists and parents of the graduating students were also present on these occasions.



International School
of Tourism
Hotel Management
Kathmandu

2075



Salzburg University
of Applied Sciences

**Intermediate
DIPLOMA**

Deepika Thapa Magar

First & Last Name

02-01-2001

Date of Birth

has successfully completed the

HOTEL MANAGEMENT

program in Kathmandu/Nepal
and passed the final exam.

Salzburg, January 2019


Harendra Bajracharya
CEO
International School of
Tourism and Hotel Management


Mag. Dr. Doris Walter
CEO
Salzburg University of Applied Sciences



IST VOCATIONAL (subsidiary of International School of Tourism and Hotel Management - IST College) proudly announces the commencement of the following Short Term Hospitality Courses.

Training Program	Hrs
1. Commercial Cooking / Baking	792
2. Chinese Cook	390
3. Assistant Cook	211
4. Indian Cook	390
5. Continental Cook	390
6. General Cook	390
7. Baker	390
8. Fast Food Cook	390
9. General Cook (Commis II)	390
10. Waiter / Waitress	390
11. Room Attendant	390
12. House Keeping Cleaner	390
13. Barista (Coffee Making)	
14. Combo Bartending & Flairing	

Affiliated **Tourism School Salzburg (TSS), Austria**
Approved **CTEVT, Nepal**

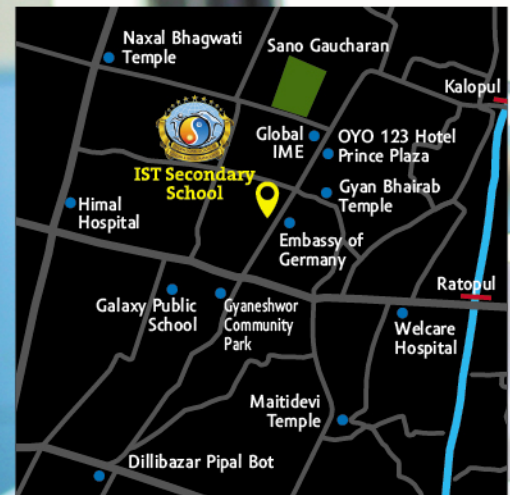
For details please contact:
IST VOCATIONAL

Gyaneshwor (Opposite of Ananda Bhairav Temple), Kathmandu, Nepal

Tel 977-1-4434177

Email sahil@ist.org.np

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